

# The New Era of Holism for Maximum Health & Safety

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*Photography: Mervyn Chan*

and power of an aged sloth. While technology grants the ability to see thru walls, hear thru soundproof glass, and record computer screens by interpreting the light pulses emanating from the monitor, medical evaluations and treatments continue to cause and perpetuate patient suffering from ailments that outdated medical evaluations, treatments, prescriptions, and even expert mindsets cannot properly resolve.

Coupling this vile issue of this global society's health, and, thus, quality of life, is the issue of weak global safety. Compounding this issue itself are the absurd realities that certain groups of people across countries, cultures, and languages possess entitlements to greater protection and justice than others. Compounding further, the realities of race-inspired profiling and violence; religion-inspired profiling and violence; social-class-inspired violence; megalomaniac-inspired illegal actions against civilians; "us against them" mentality amongst certain law enforcement individuals applied towards civilians (e.g. "Blue Wall of Silence", a.k.a. "Blue Code", a.k.a. "Blue Shield" mentality); technology speed progressing faster

While technology soars at the speed and power of Zeus's thunderbolt, medical advancements crawl at the speed

than society's ability to forecast and prepare for new methods of crime (e.g. cyber crime and identity theft).



*Photography: Ajeet Mestry*

These two issues exist still because the experts who help guide and control an entire society's health and safety continue using outdated, debilitating, and blinding visions, mentalities, thinking foundations that do nothing much more than perpetuate damaging variables onto a global system of people who are crying out to those same experts for a higher sense of equal life; an elevated equal level of safety, and peace; an equal and deeper happiness stemming from true health; a focus on a life of equal well-being, instead of on a life of acceptance of ailments and degrading age. Such practices by these experts go against what many of the greatest teachers and minds across human history taught. One such teaching stems from a message attributed to Einstein:

*"We cannot solve our problems with the same thinking we used when we created them."*

Another teaching by many of these same great teachers and minds across human history is alluded to in another message attributed to Einstein:

*"Look deep into Nature, and then you will understand everything better."*



*Photography: Naqi Shahid*

These two principles, maxims of life are deceptively simple, and, ergo, lay way to a practice that is elusive to most people their entire life. One person who has also discovered this sad truth of this global society's mental state-of-affairs is former Public Safety Officer and current holistic health entrepreneur (Executive-Level Young Living Independent Distributor) Steve Obregon.



*Photography: AJ Colores*

As a former law enforcement agent, I am constantly reminded of the stifled state of global public safety due not only to the adaptable and ever-changing methods of crime, but also, sadly, of the irresponsible blindness to opportunities that would otherwise change the entire law enforcement paradigm.



*Photography: Christin Hume*

As a holistic health entrepreneur with Young Living, I am constantly reminded of the ridiculousness I and my staff must constantly overcome and re-educate others on the valid science behind holistic health and treatments, including oil and energy treatments.



*Photography: Sarin Suriyakoon*

These groups of people I am acquainted with due to both of my backgrounds, are of a rigid mindset. They are those of a blindness that cannot see past the magician's playing card being held before their face. Their handicap ensures they miss seeing what the magician's other hand is doing. This means they are blind to what is truly going on in their own surroundings, in their world.

Such groups of people are dangerous, although, for the most part, not on purpose. This is due to their inability to see and overcome falsities in their theories, strategies, and education of others. For this reason, we continue to suffer due to these mindsets that cannot look at problems and take advantage of opportunities as they should — completely.



*Photography: Sunyu*

I and my staff must constantly use divorce as the number one tool to help separate ourselves from situations and see the entire picture of those situations so we can properly envision, create, and implement the strategies that will be most effective for treating others holistically. Just as with the concept of out-of-body experiences where one gets out of his/her body (i.e. divorces him/herself from his/her own body) and can then see everything as a whole, in its proper place, as a complete image...holistically.

While most people on the planet, in any industry (oil experts, chiropractors, counselors, tarot readers, Reiki practitioners...), in any police department (local, state, federal), in any intelligence agency (NSA, CIA, FBI, Israeli Mossad, Russian Federal Security Service, British MI5, MI6, GCHQ...) will tend to these issues separately, because they erroneously see these issues as unrelated, I strive to find the foundation amongst issues that seem as far divorced from each other as possible. This is because issues are rarely unrelated and are almost always interconnected; however, unfortunately, most people do not see things properly, wholly, holistically, and hence, make costly mistakes when dealing with those issues that cost thousands or millions of dollars, or even cost lives.

For these reasons, and so many more, the time for a massive wave of powerful, no nonsense holism is required; and across all arenas of life, not only global public safety and global health, but every aspect of life. This is what I believe and try to show others who need well-being, via my practice of holistic health using Young Living oils.



*Photography: João Silas*

As further evidence to the validity and necessity of those two maxims needing implementation for people's vision and thinking foundation, are recent media and experts discussing the need for law enforcement and health experts to rethink their stage for strategy creation and construct an entirely new platform for thought, design, and implementation of variables that will heal this global society in the manner it desperately, and rapidly needs.



*Photography: Marcelo Leal*

Another expert, a medical health expert, who has routinely discussed the issue and dangers of old mentalities that give way to limited and debilitating beliefs, treatments, and, in turn, well-being is Dr. Rohit Patil, a doctor who owns a medical practice in India outside of Mumbai.

One of the ways patients, and even doctors, innocently and unknowingly, contribute to the failure of us all as a whole achieving maximum health and well-being rests within their mental structure. This is because it is based on an old style. It's because of some old belief and homemade remedies that people disbelieve you. And

yeah, there are a few groups of people who will share their problems with their friends and think their friends are right and when the doctor consults them and they decide the info that has been fed to them by their friends is right. This is because their friends can't be wrong.

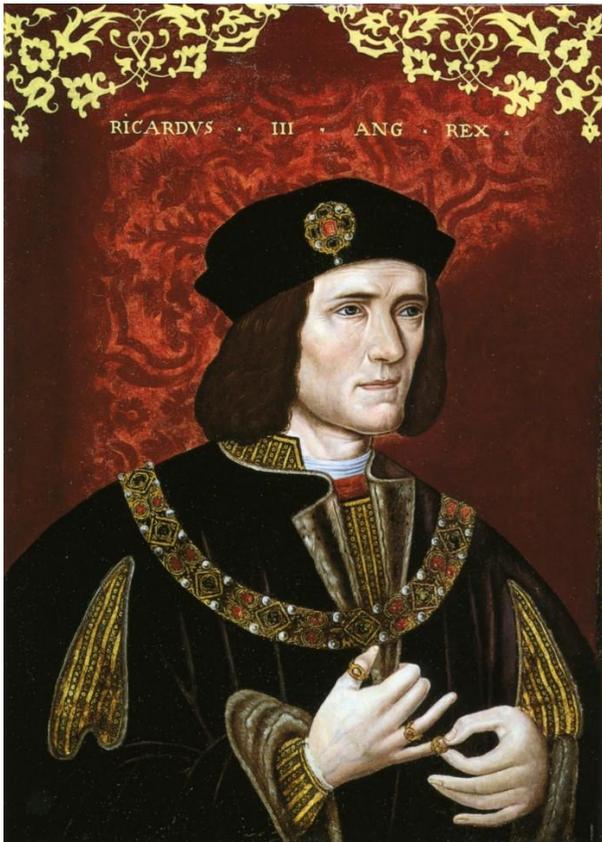
Making things worse, the New Age doctor is the Internet. The various information that has been fed thru Internet may or may not be on point, which in turn collides with the pre notion that Internet is always right and when the doctor gives an opinion that is totally different from the Internet then they doubt the credentials and the experience. This action, and mentality, in turn, makes my work harder as earlier doctors used to just treat the patients ailments and now we have to treat their demon of doubts. The patients say with a tone of doubt, "I searched for this", "I searched for that," "Doctor, you are saying something different as the Internet has another option." Such action, sadly, can lead to self-medication discovered via New Age Doctor Internet, and this is dangerous, and can be harmful. People already believe that the Internet is always right, so it is harder to treat and to consult and create a trust factor. This is harder because it is difficult to break the barrier of info already fed via many sources. This is again because it is based on the fact that they can't see anything that conflicts with their way of living, or their way of how they see the world.



*Photography: Will H McMahan*

As seen via these two experts' words, the time for divorcing ourselves from outdated forms of thought, practices, and education is long overdue, and, moreso, of utmost importance in the continuation of our lives across the world. Anything less will continue, as has long since been the case, this life of shortcoming and half way of living, of half well-being. This is true in the realms of health and safety. Furthermore, it must be remembered

always that we should forever think in terms of global health and global safety, along with every other aspect of life. For in this way of thinking an entire new landscape of issues and options are seen, and, thus, are able to be strategized for and against. However, just as repeatedly called out to us all via the teachings of the greatest minds of all human history, a more abstract, complete way of seeing our world, our issues, our opportunities, each other, and even ourselves, must be had. No negotiation. Only then will we see, feel, and benefit from the most powerful way of seeing our world — via a holistic vision. This is already experienced to a degree in the clients of Obregon Essentials, L.L.C. and in the patients' treatments by Dr. Rohit Patil. Hopefully now, the wave of holism for holistic problem-solving will garner tremendous momentum across health, safety, education, relationships, and all landscapes of life, and all across countries, industries, and languages.



*Photography: Google Images — Free Use Images*

The words of Gloucester in Shakespeare's Richard III summarize a (hopeful) launch of a new era of vision, of thought, of holistic-problem solving, of holism for this entire global society.

*"Now is the winter of our discontent*

*Made glorious summer by this sun of York;*

*And all the clouds that lour'd upon our house*

*In the deep bosom of the ocean buried.*

*Now are our brows bound with victorious wreaths;*

*Our bruised arms hung up for monuments;*

*Our stern alarums changed to merry meetings,*

*Our dreadful marches to delightful measures."*

*-Shakespeare (Richard III — spoken by Gloucester)*

These words touch upon the conclusion of a darker time, i.e. the era of debilitating knowledge and dangerous systems used across all landscapes of life (e.g. improper treatment of patients, improper strategies of law enforcement, and countless dollars and even lives lost on incomplete systems within these two landscapes), and an entrance into a more celebrated time (e.g. the enlightenment and use of holistic vision and its application to global complex issues). This more celebrated time is one that grants the ability of holistic-problem solving, of holism.



*Photography: Warren Wong*