

Learn Holistic Problem-Solving By Seeing The World & Your Issues Thru The Vision & Mindset of a Female Future-Petroleum Geologist

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Photography: Hendri Sabdi

Why is Nature, i.e. the System of Interconnectivity, the greatest problem-solver? For many reasons; one being that Nature has had eternity to perfect problem-solving (although, there is the belief that Nature has been perfect from the start). It has had this time to perfect the art of

holistic problem-solving, via constant divorcing, planting, and cultivating new vantage points and solutions.



Photography: Ethan Haddox

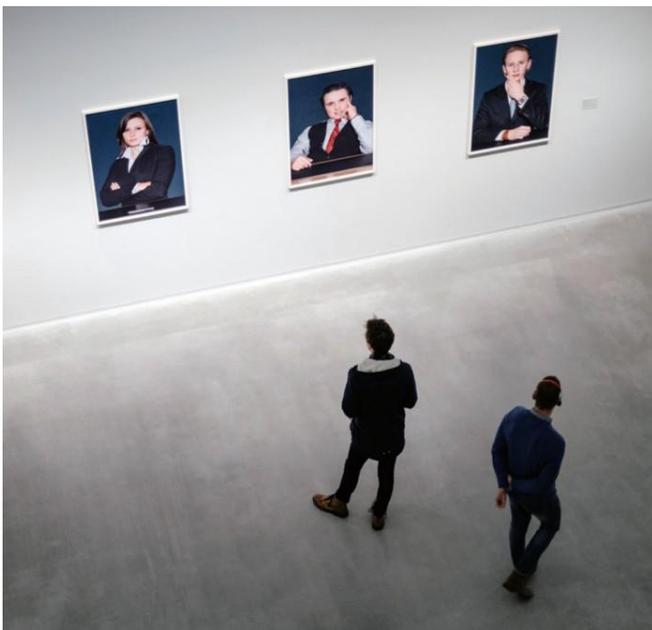
Now, why do we care about this point? Also, for many reasons; one being that Nature is the perfect entity to mimic. As taught in business and high-performance

training, mimicking your most successful competitors or admired entities until you surpass them is a strategy that can yield tremendous success.



Photography: Juliana Amorim

Now, how do you conduct this mimicking? There are many ways; one being habitual divorcing and gutting of your vision and mindset so you can constantly reset how you see, think about, and navigate in this world. One of the many ways to achieve this monstrous task of mimicking is to constantly implant the vision and mindset of another entity into your own and practice engaging and detailed psychological drills to cultivate that other vision and mindset, so to then inculcate and blend it into your own.



Photography: Samuel Zeller

See how this practice empowers your vision and mindset with the ability to see what you previously could not see right now by stepping into the vision and mindset of another — Mena Jamal (a female aspiring petroleum

engineer from Baghdad). Read her world perspective, then try seeing different parts of your world, of your issues, of your opportunities thru her vision and mindset.

It is nice to talk about the world around you, a very beautiful world full of secrets and you discover new things and facts everyday. When I imagine the world around me, I imagine the greatness of the globe perhaps because I am a geologist and I have direct contact with the earth. But the world around me is the community and the environment. Different cultures, languages and different opinions.. You see the world around you differently. Your view of the world may change in response to a situation that may happen to you or lose someone or perhaps something positive that changes your life. I see the world in two different ways and because I live in an unstable country that has witnessed wars a long time ago and I have spent most of my childhood In the days of war and siege I hear explosions sounds I've lived my childhood very simple and most basic rights as a child robbed I and my people suffering and struggle to touch peace But the difficulty is when you hear that the countries around you are afraid of you and call you a terrorist They do not know anything about what happens here.

Oil war is the main secret behind what has long been the precious wealth of my country. I have realized this after my studies of petroleum geology and I see that the goodies of my country are stolen. I see that all oil fields and oil companies are run by foreign companies and Iraqis are not allowed to work there. How do people judge people who want to live a day like most people, but did not see any of the simplest rights !!

I feel sorry. All we want is peace. And an appropriate society that respects the dignity of the human being, who have certificates and talents. It is sad to see your country collapsed from all sides and you are like any person you have dreams and ambitions you are trying to achieve it is like blowing a person in a pierced balloon.

When I remember this world is not Heaven. It is a world of experiences where you can find everything: injustice, happiness, murder, wars, humanitarianism, entitlement, depravity, love, and much more. Many wealthy do not share and refrain from the poor; many strong prefer violence and control over the weak; many privileged control gateways and keep access from underprivileged.

While only a few are awake to the empty feelings within that miss the coexistence between people and Nature,

most all over the world are so divorced from it that they are unaware of the necessity of this connection for heightened well-being. But this coexistence is very important, and should be taught to everyone since it has a huge effect on their happiness and well-being.

Also, because this world belongs to no one and everyone at the same time, coexistence is needed, in addition to the acceptance of different opinions and convictions.

Ideally, people must have and teach a tolerance of differences of people to promote and fully guarantee respect for people's human rights, including the right to security, and civil and political rights. Real democracy only exists when there is acceptance of differences, tolerance of diversity, and harmonious coexistence with the environment, including its natural resources.

I feel terrible when I see the world deteriorating. Even though we reached a high level of technology, I can see a lot of people careless about this beautiful world, even though it gives people a lot of adorable things. People still use plastic, even though it's harmful and kills a lot of animals."



Photography: Startaê Team

Based on the concepts, grammar, ideas, and syntax in Mena's writing you should now be able to see, to some degree, how the world looks through the vision and mindset of this lady. You should be able to gauge, to some degree, how she, and other ladies similar to her, would react in certain situations. Ergo, you should be able to understand, to some degree, what her reasons, and the other similar ladies, would be for reacting in those manners for those situations.

While this minute exercise does not give you the complete understanding, vision, and mindset of this lady, and similar ladies, it does give you a clue to her thinking

and character. Also, more importantly, it gives you an idea and feeling on how to conduct small psychological exercises to enter someone else's mental strategy, his/her cognitive structure. In doing so, it shows you one small way of opening your own vision and mindset to other ways of viewing, thinking about, and navigating this world, in all arenas.



Photography: Gez Xavier Mansfield

Just as an aspiring dancer performs simple exercises of stretching, warm-ups, and calisthenics so to tremendously enhance his/her dance skills and grace, this simple exercise of stepping into another person's vision and mindset tremendously enhances the practitioner's vision and mindset by forcing him/her to see the world in a completely different manner than ever before experienced; a manner that reveals the previously invisible issues and opportunities s/he has missed his/her entire life thus far.



Photography: Joshua Coleman

The second part of this exercise that helps the process of mental revamping whilst using the vision and mindset of Mena Jamal is to think of the most pressing issue in your

life right now and think of how someone like Mena would see that issue, see its obstacles, its possible solutions and its possible distractions. Ensure you are not answering this with your thinking foundation. Recall that the issue exists as the most pressing issue in your life because you cannot yet solve it; because you are missing something. Ergo, you must ensure to answer these points with the vision and mindset of a completely different person, e.g. Mena. Or, if you are already similar in seeing the world as Mena is, then think of another person who is as opposite to your nature and cognitive style as possible.

Yield to the different, unorthodox, ideas that come to your mind regarding solving that issue, however seemingly different, uncomfortable (while still being safe and legal), or weird they may be to you. Recall, the purpose of this mental exercise is to expose yourself to new thoughts, feelings, and strategies that you would otherwise never be able to see or think of. Ergo, there will be a feeling of unfamiliarity, just as a cat walking into a new neighborhood would feel as it explored the new sights, sounds, and scents.



Photography: Priscilla Du Preez

Viewing your world in this way, from many different people, mindsets, visions, vantage points is how you gain the eyes and foundation of a consultant of your own life. It is how you acquire, if you do this on a continual basis every day as much as possible, the ability to see your life holistically. This holistic problem-solving method is the only way to start seeing issues and opportunities that you have been missing, and will forever continue to miss which stifle your potential and keep you from building your legacy, building your empire, building your dream so you can provide for yourself, family, and loved ones.

Place this small exercise of seeing the world and your issues thru the vision and mindset of a female future-petroleum geologist into your daily routine, only

tomorrow, replace Mena with another person; then, the next day, with another; and yet another. When you sit at the cafe, find a person to comfortably observe and get an idea for his/her type of vision and mindset (yes, based on what you observe and perhaps even your own believed stereotypes) and use him/her as your next model. Think about how each person would handle the most pressing issue in your life. Take notes. When you have two or more different people's ideas that you thought of this way, compare the ideas. See how they differ. For an advanced part of this exercise, which falls out of scope of this article, see how the seemingly different ideas are actually very similar (this last part is more difficult than you imagine, but it leads you to true holistic thinking).



Photography: Kameron Kincade

In all this, recall always that holism, the lifestyle of seeing and thinking about your world and navigating thru it holistically is the only way you will ever obliterate your own self and advance your vision, mindset, life, relationships, business more than you ever imagined before. It is the only way you will be able to start creating, enhancing, benefiting from, and leaving behind (for others) your own legacy.